

Susan Rahima Schmall, PhD, RN

Speaker ▪ Healer ▪ Teacher

Biography

Rahima Schmall, PhD. R.N. is a faculty member and department head of the Spiritual Healing and Counseling for Physical and Emotional Well-Being program.

She is a psychologist, registered nurse and master spiritual healer who has successfully brought spirituality into her clinical practice and teaching for over thirty years.

She is also the director of the Healing Intensive Retreat at the Shadiliyya Sufi Center. She has a deep love of God and is gifted at creating a safe and nurturing space in which people with physical illness or emotional pain can work through their issues to find peace, wholeness and harmony.

As a teacher, she has a passion for helping each and every student develop their own unique gifts as a healer and human being.

Topics

Dr. Schmall is available to speak on a wide variety of topics, including:

- **Beyond Mindfulness: Developing the Wisdom of the Heart**
Did you know that the heart sends more messages to the brain than the brain sends to the heart? While mindfulness may calm your thoughts, learning to listen to the wisdom of your heart transforms your whole being – bringing more joy, peace and love.
- **Finding Peace in a Fearful World**
Each night, the evening news fills our hearts with fear – reports of violence, disaster and financial collapse. It is easy to be swayed by all we hear, living in a never ending pit of anxiety. But when we learn to access our connection to a loving God, the peace that lives in our own hearts sustains us and keeps us safe.
- **Spiritual Healing for Physical Illness**
Many of us grew up believing in a God or higher power, but few of us learned that the love that flows from God is infinite and lives in every cell in our body. You can learn how to open to this love and let this spiritual light heal your body, heart and soul.



Quote

“Rahima is a wonderful teacher who feels deeply, sees clearly, and embodies the healing wisdom of the heart. Her unconditional support for her students allows them to find and bring forth personal strengths previously unknown. She is a gift you give to your emerging self.”
~ Jim B. PhD

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